



GENERAL INFORMATION

Date: May 11, 2019

Starting line: Far de la Mola at 5:30 pm

Finishing line: Paseo de la Marina (La Savina).

Maximum arrival time: At 8pm.

Maximum registration: 2,000 participants

Registration fee: €33

Return policy: No refunds will be given for any reason.

Trajectory: Urban and interurban circuit, totally closed to traffic. The trajectory passes through the streets and roads listed below:

Altitude	Itinerary	Total Km.
165	Departure. La Mola Lighthouse, straight on, direction Mola Pilar by PM-820.	0
165	Pilar de la Mola. Straight on, direction Caló de Sant Agusti.	2.1
160	Pilar de la Mola. Exit town	2.7
150	Refreshment stop.	4
150	Mirador Restaurant. Descent begins	5
30	Caló de Sant Agustí. Descent ends	7.4
30	Caló de Sant Agustí. Exit town	7.7
20	Refreshment stop. Tramontana Apartments	10
15	Sant Ferran. Enter town, right turn onto Calle Guillem Montgrí, direction Es Pujols.	13.9
5	Refreshment stop. Exit town	14
5	Es Pujols. Enter town through Avenida Miramar, straight at roundabout, left turn onto Calle Espalmador.	15.6
5	Exit town, direction La Savina	16
3	Refreshment stop.	18.5
3	Platja de Ses Illetes, straight on, direction La Savina.	18.7
3	La Savina, turn right, direction Port.	20.4
2	Arrival Port of La Savina. Paseo de la Marina.	21.1

Refreshments: Water at km 4, 10, 14, 18.5 and at the finishing line.

There is no food and beverage service at the La Mola Lighthouse race starting points.

Participants should bring whatever they may need.

Minimum age: 18 years old on the day of the competition.

Collection of race numbers:

Location: **PORT DE LA SAVINA. Tent located in the Passeig de la Marina (near the finishing line)**, with the following schedule:

Friday 10/05/2019, any time from 10am to 9pm.

Saturday 11/05/2019 from 9am to 2:30pm.

IMPORTANT NOTICE: RACE NUMBERS WILL NOT BE PROVIDED AT THE LA MOLA LIGHTHOUSE.

An official identity document (ID card, passport, driving licence) and knowledge of your designated race number is essential for collection.

Participants who cannot collect their race number in person may authorise another person to collect it for them. The authorised person must bring a completed form, along with their ID and a photocopy of the participant's ID. This form can be downloaded from the website or from the registration confirmation e-mail.

Transfer of Participants: A shuttle service to the starting line is available to participants, upon request when filling out the registration form.

Alongside their race number, all participants will be given a ticket corresponding to the starting point as chosen on the registration form. To access the bus, the race number must be shown and this ticket must be provided, which must match the stop.

Once the transfer point has been chosen on the registration form, any changes will have to be made upon collection of the race number in Formentera. Changes by phone or by e-mail will NOT be accepted.

Participant transfer points and times:

- La Savina Parking Ferry Station at 3:00pm.
- San Francisco Javier (Sa Sanieta - Eroski supermarket parking area) at 4:00pm.
- Es Pujols (Calle Barcelona, next to roundabout dir. Sant Ferran), at 3:00pm.
- Sant Ferran (opposite Illes Pitiuses Hostal), at 4:15pm.
- Es Ca Marí intersection (Pm-820), at 4:15 p.m.
- Es Caló (Wharf parking area), at 4:15pm.
- Mariland intersection (to La Mola), at 4:30pm.

Return from the Finishing line to points of origin will begin at 7pm. Parking Ferry Station.

IMPORTANT NOTICE: For participants arriving from Ibiza on Saturday at noon, the shuttle will be provided at the Parking Ferry Station at 3:00pm. **Before entering the bus you must collect your race number from the tent before 2:30pm**, so please leave Ibiza with sufficient time. **PASSENGERS WITHOUT THEIR TICKET AND RACE NUMBER WILL NOT BE ADMITTED.**

Note: The organisation reserves the right to change schedules and collection points for technical reasons, in which case the final schedule will be communicated to participants during the collection of the race numbers.

Race Control: This will be carried out with a chip that must be placed on the shoe (shoe-laces/velcro adhesive), not more than 30 cm from the ground to ensure proper timekeeping. If the participant does not have a chip or it is incorrectly attached the race time cannot be properly recorded.

Participants who have a yellow chip may use it once they have coded it through the organisation (enter the code in the registration form on the website). Participants who do not own a chip must rent a white chip when registering (€3 rent), which will be provided to them upon collection of the race number.

Gifts: Each athlete will receive a memento of the event upon return of their race number and participants who finish the race will be entitled to a medal and diploma of participation that includes their time, which can be downloaded from the website, entering their race number from May 15.

Cloakroom service: At the starting area, there will be a cloakroom service available for bags to keep participating athletes' belongings safe. Items can be collected at the finishing line with the participant's race number. The bag must be closed and identified with the label that will be provided by the organisation, together with the number. Only one bag per participant is allowed with a maximum weight of 10 kg. The cloakroom will remain open until fifteen minutes before the race. Participants are encouraged to attend the race only with the items that are strictly necessary. The organisation is not responsible for any personal belongings left in the cloakroom.

Medical Services There will be a doctor providing medical services. All athletes with physical, respiratory, allergy, etc. issues requiring special attention will have to notify the Organisation before starting the competition and include it on the back of their race number.

All runners participating in the race do so under their own responsibility and declare that they have an acceptable physical condition to participate. The Organisation recommends that all runners undergo a medical and/or stress test before the start of the race.

Ambulance service: There will be an ambulance service at the starting line, tailing the race and at the finishing line.

Race insurance: All officially registered participants will be covered by an insurance policy arranged by the Organisation which will cover any accidents that may occur as a direct consequence of the race but never as the result of a latent ailment or condition, carelessness, negligence, failure to observe the law or the rules, etc. or those produced whilst travelling to or from the place where the race is to take place. The Organisation declines all responsibility for damages that participants may suffer or cause to others in the time subsequent to their participation in the race.

Race security: The Local Police of San Francesc, Civil Guard Subsector Traffic, Formentera Civil Protection and the Organisation are responsible for ensuring the safety of the race, the athletes will follow all instructions received from the staff responsible for race security.

Trophies:

- Trophy for the top 3 classified in each of the following categories "Overall Top Male", "Overall Top Female", "Overall Top Local Male", "Overall Top Local Female"
- Trophy for the winner of the other categories according to Article 3 of the regulation.

In this edition trophies are not cumulative.

Award Ceremony: At the finishing line (La Savina), at approximately 7pm.

If the qualifying participants are NOT present at the Award Ceremony it shall be construed as a waiver of the trophies. Any delegation to another person by the qualifying participants must be made known and approved by the Organisation, at least half an hour before the Award Ceremony.

Services available to the participant at the finish line: WCs, changing rooms and showers are available at the finishing line in addition to physiotherapy and active recovery services.

RULES

ARTICLE 1 - Registration in the race implies acceptance of these rules.

ARTICLE 2 - **Minimum age:** 18 years old on the day of the competition.

ARTICLE 3 - **Categories:** A category shall be deemed constituted when 3 or more athletes have registered in it, otherwise the Organisation may cancel it or classify athletes in other categories.

- Overall Top Male.
- Overall Top Female.
- Overall Top Local Male absolute (trophy cumulative with other categories).
- Overall Top Local Female (trophy cumulative with other categories).
- Junior and Promising Male and Female (01/01/1997 – 11/05/2001).
- Senior Male and Female (12/05/1984 – 31/12/1996).
- M35 Male and Female (12/05/1979 – 11/05/1984).
- M40 Male and Female (12/05/1974 – 11/05/1979).
- Male and Female (12/05/1969 – 11/05/1974).
- M50 Male and Female (12/05/1964 – 11/05/1969).
- M55 Male and Female (12/05/1959 – 11/05/1964).
- M60 Male and Female (born before 11/05/1959).

ARTICLE 4 - **Trophies:**

- Trophy for the top 3 classified in each of the following categories " Overall Top Male", " Overall Top Female", " Overall Top Local Male", " Overall Top Local Female"
- Trophy to the winner of the other categories.

In this edition trophies are not cumulative.

ARTICLE 5 - Disqualifications

Athletes who do any of the following will be automatically disqualified from the race:

- Do not wear the official race numbers.
- Do not complete the full race.
- Alter or conceal the advertising on the race number.
- Wear the race number assigned to another athlete.
- Enter the race without their race number.
- Do not listen to instructions given by the Organisation staff.
- Show violent or xenophobic attitudes, carry weapons, or litter.

The Organisation may exclude any participants from the race who act in an unsporting way or disrespect the organisers and/or other participants.

Disqualified runners will automatically lose any rights to trophies, medals and diplomas.

ARTICLE 6. CLOSURE OF CONTROL

The organisation establishes time control points at which the participants must follow the instructions given to them by an organiser, including withdrawal from the race.

As a guideline the maximum time is established to pass the following points:

- 19.00 h. PM – 820-2 Sant Ferran crossroads direction Es Pujols (kilometre 13.9 of the race).
- 20.00 h. Entrance La Savina from Es Pujols (kilometre 20.4 of the race).

In the case of exceptional circumstances, the closure of the control time may be modified by the organisation.

ARTICLE 7 - Registration return policy: No refunds will be given for any reason.

ARTICLE 8 - By entering the **XI ISLAND OF FORMENTERA 2019 HALF MARATHON**, participants give their consent for the COUNCIL OF FORMENTERA and UNISPORT CONSULTING UNISPORT CONSULTING SL to take photographic and / or audiovisual files for commercial purposes. The images and / or videos will be displayed in the profiles that the company manages in the various social networks or used for marketing campaigns related to the events that UNISPORT CONSULTING SL or its related companies (GERMATUR GESTION SL and DYNAMIC MENORCA SL) can perform.

Personal data will be included in a file owned by UNISPORT CONSULTING SL. Said information will be used to satisfy the service contracted by you and may be assigned to GERMATUR GESTION SL and DYNAMIC MENORCA SL for the satisfaction of the contracted service and for commercial prospecting related to said companies.

You can exercise your rights ARCO (Access, Rectification, Cancellation and Opposition) by writing to the following address: UNISPORT CONSULTING SL - GREMI SABATERS 21 PLANT 1 OFFICE A17 - 07009 - PALMA

Also, pursuant to the purposes of sporting interests for the worldwide promotion, distribution and exploitation of **Mitja Marató Popular Illa de Formentera** on any device (Internet, advertising, etc.), participants expressly waive, without time limit, in favour of the Organisation, the right to reproduce their name and surname, the participants' position in the general and individual classifications, the category, the sports brand and its image (reproduction of photos during the race, publication of qualifying lists, etc.).

The acceptance of these regulations necessarily implies that the participant authorises the organisers of the **XI ISLAND OF FORMENTERA 2019 HALF MARATHON** to totally or partially record their participation in it, to use their image for the promotion and dissemination of the race in all forms (radio, press, video, photo, DVD, Internet, posters, media, etc.) and gives up

all rights to their commercial and advertising use that the Organisation sees fit to run without the participant receiving any financial compensation.

ARTICLE 9 - Disclaimer:

Considering that I have registered for the **X ISLAND OF FORMENTERA 2018 HALF MARATHON**, I agree to abide by the rules governing the race, in addition to the rules of the race direction and accept the rules found on the Organisation's website. www.marato-formentera.com

Thus:

- I declare that I am solely responsible for all my possessions and sports equipment during the race and any of its activities.
- I affirm and verify that I am physically fit and sufficiently trained to complete this race and have undergone the appropriate medical examinations. Being physically prepared for the competition, I enjoy good general health, and do not have any disease, physical defect or injury that may be aggravated by my participation in this race. If I suffer some kind of injury or other circumstance that could seriously harm my health during the race, I will tell the Organisation as soon as possible.
- I agree to receive at my own cost any medical treatment necessary due to injury, accident and/or illness during the race. Therefore, I am attending at my own will and initiative, fully assuming the risks and consequences of my participation.
- I allow the free use of my name and any image in any publication or media taken during the race.
- I release the Organisation, event directors, employees, sponsors and volunteers of the race from any liability or claim on my part. Including any harm or direct or indirect injury and death. This does not apply if the harm or injury is caused due to wrongdoing or negligence by the Organisation.
- I am in possession of the physical ability, technical skills and resources necessary to ensure my own safety, under the conditions of autonomy in which the race will take place.
- I understand and agree to abide by the rules and security protocols established by the Organisation for the race, and to maintain a responsible behaviour that does not increase the risks for my physical or mental integrity. I will follow the instructions and abide by the decisions made by the Organisation's staff and volunteers (judges, doctors and organisers) regarding security issues.
- I authorise the race Medical Services, to treat me or conduct diagnostic tests on me that I might need whether I am in the condition to request it or not; if they consider I should the race for my own health I will do so.
- My race number is personal and non-transferable, therefore no other participant or any other person can wear it in my place.
- I know that the organising entity reserves the right to accept or decline any participant, even if they have paid the registration fees that will be refunded to me should I not be admitted.
- I agree to follow the general guidelines of respect for the environment:
 - a) Follow the race circuit carefully.
 - b) Not alter natural processes and the natural functioning of ecosystems.
 - c) Not damage the biotic, geological, cultural or general resources of the area.
 - d) Navigate around or avoid environmentally sensitive areas.

e) Carry out physiological needs in appropriate places or, in any case, far from exposed areas.

f) Not throw away nor leave objects or solid or liquid waste in areas other than designated refuse points.

ARTICLE 10 - The organisers reserve the right to change or modify any information concerning the race or cancel it due to force majeure, publishing it on the official website.

ARTICLE 11 - Any motorised vehicles or bicycles that do not belong to the Organisation are strictly prohibited. Motorised bicycles and official vehicles that follow the race will be visibly identified at all times.

ARTICLE 12 - Participants accept each of the articles of these regulations and commit honestly and in fair-play not to anticipating the start time and to cover the full distance before crossing the finishing line.