

## **5th Marathon “Malalts de Turmell” (Sick of ankle)**

**24 August 2013 at 7 p.m.**

### **Sant Llorenç des Cardassar**

The departure and the arrival will be in the Church square.

Mixed circuit (asphalt, road, land...)

Provisioning will be set up every three kilometers.

Points along the route: Departure, 800 m, 5.500 m, arrival.

There will be trophies for the first classified: 3 trophies for the male category, 3 for the female category, 3 for the local male category and 3 for the local female category.

Minimum Age: 16

Refreshments for the athletes at the end of the marathon.

There will be a gift for each participant and prize draw.

This year the marathon will have a solidarity component. Participants will have the option of making a donation and all proceeds will go to the associations: Tip-Tap (Families of children with disabilities), ABDEM (Balearic Association for Multiple Sclerosis) and Impuls Ara (children with ADHD - *Attention deficit hyperactivity disorder*).

Registrations and donations: [www.elitechip.net](http://www.elitechip.net)

Price for the first 300 registrations: €3 + €3 (rental of the chip).

The following: €6 + €3 (rental of the chip)

Collection of race bibs will be held the day of the marathon from 5 p.m. to 6:30 p.m. in the Church square.